

# Cedar Valley Figure Skating Club

## Membership Application

SkatersName: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parents Name(s): \_\_\_\_\_ Parent Birthdate: \_\_\_\_\_

(for USFS Parent Membership)

### Full Membership \$130.00

#### Benefits Included:

- Annual CVFSC Membership
- Annual USFS Membership for skater (\$70.00)
- Annual USFS Membership for one parent/guardian (\$35.00)
- USFS Athlete Insurance
- "Skating Magazine" Subscription
- Complimentary USFS and Skate with Us Badges for tests passed with CVFSC. (hand out at Year End Party)
- Option to purchase any club freestyle ice.
- Option to have private lessons with club coach.
- Eligibility for USFS sanctioned shows, exhibitions and competitions.
- Voting Rights and eligibility for board membership and holding board offices as outlined by CVFSC bylaws.
- Club membership fees to non-profit organization are tax deductible.

Please attach check made out to CVFSC for membership fees to this form.

### LIABILITY WAIVER AND MEDICAL CONSENT FORM

This is to certify that I \_\_\_\_\_, Parent or guardian of \_\_\_\_\_,  
Hereby release the Cedar Valley Figure Skating Club, its affiliates, professional staff, Club officers and board members of any and all liabilities as a result of personal injury which may be sustained by myself/my child while participating in club activities. In event of an injury, I give my consent to the Cedar Valley Figure Skating Club to obtain on my/my child's behalf, whatever medical care deemed necessary. I know of no health or fitness restrictions that preclude my/his or her participation. In case of needed medical attention, I authorize my insurance company to pay benefits to the facility treating my child/myself. Also, I authorize the disclosure of medical information to my insurance company for the purpose of claim. I understand, if necessary, I may assume all costs not covered under my insurance policy.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_ Policy Holder \_\_\_\_\_

# Membership Agreement

I \_\_\_\_\_ the parent/guardian of

\_\_\_\_\_ have read and understand the rules, policies, and procedures outlined in the 2023-2024 Cedar Valley Figure Skating Club Registration Documents and the CVSFC Club Handbook. I understand my rights and obligations as a member of the CVFSC and agree to abide by all the rules stated in the Handbook. I also understand my financial obligations to the CVFSC and agree to abide by them.

I understand that membership with the CVFSC is a privilege. The privilege of membership may, therefore, be withdrawn or denied at any time when determined that a member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# **Cedar Valley Figure Skating Club**

## **Skater Code of Conduct**

As a member of our club, all skaters must adhere to this Code of Conduct at all times.

### **General Guidelines:**

The Cedar Valley Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status must follow and uphold the tenets in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents of skaters, U.S. Figure Skating officials and guests.
2. Our club is committed to promoting a positive and friendly environment for all skaters. Remember 'The Golden Rule' —treat other people like you want to be treated—with respect.

### **Ice Etiquette:**

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

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Additional rules for skater safety:

1. Do not enter the CVFSC Coaches' Room/Club Office without permission. Personal belongings should not be left here without prior approval of board president or skating director.
2. No Screaming, shouting, or loud noises on or off the ice; please be courteous to those around you.
3. Do not interrupt a coach during a lesson unless it is an emergency.
4. No gum chewing, candy or food while on the ice or in the players boxes. Drinks brought on the ice must be in closed containers. No glass containers or take out cups with lids.
5. No horse playing, playing tag, or forming chains or playing games on the ice.
6. No sitting on the boards; no kicking the boards or the ice.
7. No excessive socializing on the ice or in the players boxes. Talking should be done off the ice.
9. No swearing or use of foul language.
10. No Cell Phones or portable audio players or wireless headphones playing music allowed on the ice while skating. Devices may be used to video tape skating moves, but should be placed in a safe location and any viewing of videos must be done off ice. Absolutely no texting, social networking, web surfing or talking on phone while skating.
11. No hockey sticks or pucks allowed on the ice. Our power/hockey skaters are welcome to wear their protective padding and equipment if preferred.
12. Players box areas are for skaters and coaches only. Parents should not linger in this area any time lessons are in progress as it can be a distraction to both skaters and coaches.

Unsafe or Discourteous Behavior: Unsafe or discourteous behavior of any kind will not be tolerated.

Skaters who do not follow these rules will be warned verbally by a CVFSC Coach or CVFSC Board Member. If inappropriate behavior violating the skater code of conduct continues, skaters may be asked to leave the ice for the remainder of an ice session and the parent or guardian of the skater will be notified. Serious or continuous infractions of club code of conduct may result in termination of club membership.

I agree to follow all guidelines, etiquette and rules as listed above.

Skater Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

## **U.S. Figure Skating Parent Code of Conduct**

The Cedar Valley Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

By signing below, I hereby agree as the parent/guardian of \_\_\_\_\_ that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will support and respect Board Members, Skating Director, Coaching Staff, LTS Coaches, and Show Chairs and their decisions pertaining to my child's participation in club activities.
3. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
4. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
5. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
6. I will teach my child that doing his/her best is more important than winning.
7. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
8. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
9. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
10. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
11. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
12. I will be a positive role model for my child and others.
13. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.

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14. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organization.
15. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
17. I agree to educate myself regarding the proper procedures to follow when establishing or terminating a coaching relationship.
18. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
19. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
20. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
21. I will support and respect all skaters and their right to participate.

Parents and/or Guardians who do not follow these rules will be warned verbally or in writing by a CVFSC Board Member. Serious or continuous infractions of the Parent Code of Conduct may result in termination of club membership.

Signature\_\_\_\_\_

Date\_\_\_\_\_