

Cedar Valley Figure Skating Club

Membership Application

SkatersName: _____ Birthdate: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Parents Name(s): _____ USFS # _____

<p>Full Membership \$110.00</p> <p>Benefits Included:</p> <ul style="list-style-type: none">▪ Annual CVFSC Membership▪ Annual USFS Membership (\$60.00)▪ USFS Athlete Insurance▪ "Skating Magazine" Subscription▪ CVFSC Club Newsletter▪ Complimentary USFS and Skate with Us Badges for tests passed with CVFSC. (hand out at Year End Party)▪ Discounted test registration for home club test session.▪ Option to purchase any club freestyle ice.▪ Option to have private lessons with club coach.▪ Eligibility for USFS sanctioned shows, exhibitions and competitions.▪ Voting Rights and eligibility for board membership and holding board offices as outlined by CVFSC bylaws.▪ Club membership fees to non-profit organization are tax deductible.	<p>Full Membership PLUS \$275.00</p> <p>Benefits Included:</p> <ul style="list-style-type: none">▪ Annual CVFSC Membership▪ Annual USFS Membership (\$60.00)▪ USFS Athlete Insurance▪ "Skating Magazine" Subscription▪ CVFSC Club Newsletter▪ Complimentary USFS and Skate with Us Badges for tests passed with CVFSC. (handed out at Year End Party)▪ Discounted test registration for home club test sessions.▪ Option to purchase any club freestyle ice▪ Option to have private lessons with club coach▪ Eligibility for USFS sanctioned shows, exhibitions and competitions.▪ Voting Rights and eligibility for board membership and holding board offices as outlined by CVFSC bylaws.▪ Show practice fee for Annual Holiday Show▪ One costume for Annual Holiday Show (additional costumes will require additional fee)▪ Club membership fees to non-profit organization are tax deductible.
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Membership Choice: Full Membership \$110.00 Full Membership PLUS \$275.00

I would like to opt out of the CVFSC Volunteer agreement and have included the \$200.00 opt out fee.

Fundraising opportunities will be available throughout the season if you choose to take advantage of them to reduce your ice bill. You will receive information on each opportunity by email at the address you provide above.

Please attach check made out to CVFSC for membership fees to this form.

LIABILITY WAIVER AND MEDICAL CONSENT FORM

This is to certify that I _____, Parent or guardian of _____,

Hereby release the Cedar Valley Figure Skating Club, its affiliates, professional staff, Club officers and board members of any and all liabilities as a result of personal injury which may be sustained by myself/my child while participating in club activities. In event of an injury, I give my consent to the Cedar Valley Figure Skating Club to obtain on my/my child's behalf, whatever medical care deemed necessary. I know of no health or fitness restrictions that preclude my/his or her participation. In case of needed medical attention, I authorize my insurance company to pay benefits to the facility treating my child/myself. Also, I authorize the disclosure of medical information to my insurance company for the purpose of claim. I understand, if necessary, I may assume all costs not covered under my insurance policy.

Date _____ Signature _____

Insurance Company _____

Policy Number _____ Policy Holder _____

Membership Agreement

I _____ the parent/guardian of

_____ have read and understand the rules, policies, and procedures outlined in the 2018-2019 Cedar Valley Figure Skating Club Registration Documents and the Ice Safety and Etiquette Agreement. I understand my rights and obligations as a member of the CVFSC and agree to abide by all the rules stated in the Handbook. I also understand my financial obligations to the CVFSC and agree to abide by them.

Parent/Guardian Signature

Date

VOLUNTEER AGREEMENT

The Cedar Valley Figure Skating Club is a 100% volunteer operated, non-profit organization. Therefore, it is necessary to depend on the assistance of our members in volunteer time. The Cedar Valley Figure Skating Club Board of Directors approved the following agreement for the 2018-2019 skating season. Please note this agreement is on a per family basis, not per skater.

- 1.) Each family REQUIRED to provide at least ONE member to assist on a committee for the Annual Holiday Show. This would include committee chair or member for any show committee. Please fill out the attached Show Committee form with your preference of committee to help on.
- 2.) Each family must provide a member to volunteer for an additional club event. This would include helping on additional committee for the Holiday Show, or helping with the Skating Clinics or Strut Your Stuff
 - I would like to provide a volunteer for an additional committee for the Annual Ice Show to fulfill this requirement. Please select two different committees on the attached pages.
 - I would like to help with the Fall 2019 Skating clinic to fulfill this requirement.
 - I would like to help with the April/May 2019 Strut Your Stuff event to fulfill this requirement.

We urge all families to volunteer to help with our major events. However, we understand if your schedules absolutely won't allow you to do this. If you wish to opt out of this Volunteer Agreement, you may do so with a donation to the club. Each of the categories is worth \$100.00. You may fulfill the categories as stated or you may opt out of any one or more categories up to the total of \$200.00.

- I wish to opt out of the 2018-2019 Volunteer agreement as stated below (please state "opting out of entire agreement" or indicate which category(s) you will be opting out of):

Enclosed is a list of the different show committees you can serve on. Please fill out and return with this agreement. A copy of the CVFSC Sponsor form is also enclosed; feel free to make copies as needed or request more forms.

I _____, parent/guardian of _____

Have read this agreement and understand that failure to fulfill this agreement will result in a \$100 fee for each category not fulfilled, up to a total of \$200 for the entire agreement.

SHOW COMMITTEES

Skater Name: _____

Parent/Guardian Name: _____

Contact Phone: _____

Please indicate your first, second and third preference of committee you would like to serve on for the Annual Holiday Show. Each family with a skater participating in the show must serve on at least one committee. Please feel free to volunteer for more than one committee to fulfill an additional volunteer activity.

SHOW CHAIR

_____ CO-CHAIR: assist show chair with all aspects of show, oversee all committees

PICTURES

_____ CHAIR: make arrangement w/photographer, send out notices to skaters, schedule skaters for photos, ensure that skates receive pictures

_____ COMMITTEE MEMBER: assist w/picture night making sure skaters are ready per schedule, help with any costume issues and completing order

TICKET SALES/BOX OFFICE

_____ CHAIR (INDIVIDUAL TICKETS): distribute tickets to skaters, arrange for ticket sales day of show, schedule box office, collect tickets and money from skaters, prepare report of tickets sold

_____ CHAIR (GROUP SALES): mail letters/call groups, make arrangements to have tickets available at other locations, prepare report of tickets sold to groups

_____ COMMITTEE MEMBER: work in box office day of show, serve as host/hostess taking tickets

FLOWER SALES/SHOW THEMED CONCESSIONS

_____ CHAIR: contact floral shop, distribute order forms to skaters/families, collect orders/money, place order, arrange for committee members to work day of show, prepare report of sales activity

_____ COMMITTEE MEMBER: work at the flower table the day of the show

_____ COMMITTEE MEMBER: work at the show themed concessions stand the day of the show

More Choices on reverse side of this form/next page

DECORATIONS/PROPS

_____ COMMITTEE MEMBERS: assist with decorating rink/ice day of show

ICE MONITORS/BACKSTAGE

_____ COMMITTEE MEMBERS: assist chair day of the show, lining skaters up and instructing when they should go on ice, monitor skaters in dressing

SHOW VIDEO/DVD

_____ CHAIR: collect orders/money, place order, deliver DVDs

T-SHIRTS

_____ CHAIR: collect orders/money, contact printer with sizes and quantity, deliver shirts.

COSTUMES (ALSO ACCESSORIES AND MAKEUP)

_____ COMMITTEE MEMBER: assist with taking measurements and determining appropriate sizes, hand out costumes to skaters when available.

_____ COMMITTEE MEMBER: assist with alterations to costumes if needed before show.

PUBLICITY

_____ CHAIR: contact newspaper for ad prices, distribute press releases, distribute posters, radio PSAs, place marquee ads, prepare report of poster distributions, radio ads and marquees used

_____ COMMITTEE MEMBERS: assist chair with poster distribution, ads as directed

SOUND/LIGHTING

_____ CHAIR: play music and work lights day of show as needed

FUNDRAISING (PROGRAM ADS)

_____ CHAIR: solicit ads for show

Cedar Valley Figure Skating Club

Skater Code of Conduct

As a member of our club, all skaters must adhere to this Code of Conduct at all times.

General Guidelines:

The Cedar Valley Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status must follow and uphold the tenets in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents of skaters, U.S. Figure Skating officials and guests.
2. Our club is committed to promoting a positive and friendly environment for all skaters. Remember 'The Golden Rule' —treat other people like you want to be treated—with respect.

Ice Etiquette:

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

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Additional rules for skater safety:

1. Do not enter the CVFSC Coaches' Room/Club Office without permission. Personal belongings should not be left here without prior approval of board president or skating director.
2. No Screaming, shouting, or loud noises on or off the ice; please be courteous to those around you.
3. Do not interrupt a coach during a lesson unless it is an emergency.
4. No gum chewing, candy or food while on the ice. Drinks brought on the ice must be in closed containers. No glass containers or take out cups with lids.
5. No horse playing, playing tag, or forming chains or playing games on the ice.
6. No sitting on the boards; no kicking the boards or the ice.
7. No excessive socializing on the ice or in the players boxes. Talking should be done off the ice.
9. No swearing or use of foul language.
10. No Cell Phones or portable CD, MP3 Players, or IPODs allowed on the ice while skating. Devices may be used to video tape skating moves, but should be placed in a safe location and any viewing of videos must be done off ice. Absolutely no texting, social networking, web surfing or talking on phone while skating.
11. No hockey sticks or pucks allowed on the ice. Our power/hockey skaters are welcome to wear their protective padding and equipment if preferred.
12. Players box areas are for skaters and coaches only. Parents should not linger in this area any time lessons are in progress as it can be a distraction to both skaters and coaches.

Unsafe or Discourteous Behavior: Unsafe or discourteous behavior of any kind will not be tolerated.

I agree to follow all guidelines, etiquette and rules as listed above.

Skater Signature _____

Date _____

Parent Signature _____

Date _____

U.S. Figure Skating Parent Code of Conduct

The Cedar Valley Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

By signing below, I hereby agree as the parent/guardian of _____ that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will support and respect Board Members, Skating Director, Coaching Staff, LTS Coaches, and Show Chairs and their decisions pertaining to my child's participation in club activities.
3. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
4. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
5. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
6. I will teach my child that doing his/her best is more important than winning.
7. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
8. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
9. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
10. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
11. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
12. I will be a positive role model for my child and others.
13. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.

14. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organization.
15. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
17. I agree to educate myself regarding the proper procedures to follow when establishing or terminating a coaching relationship.
18. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same.
19. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
20. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
21. I will support and respect all skaters and their right to participate.

Signature_____

Date_____